



AVALANCHE SKILLS TOUR

PROGRAM OVERVIEW

This one day course is designed to provide more field applications of Level I skills. It will provide an opportunity for smaller groups to travel through or near avalanche terrain, learning more about hazard assessment, terrain utilization and group management techniques. This course is designed to enhance intuitive senses along with recognizing hazards and when to utilize safer alternatives. Be prepared for a day of sustained touring with uphill and downhill skiing or snowboarding.

COURSE ITINERARY

ARRIVAL AND ORIENTATION

Courses meet at our new office, upstairs in **The Back Country**. It's conveniently located on Donner Pass Road, across from Wild Cherries Coffee Shop and the Fire Station, just West of the Hwy 89 T intersection (the road to Squaw Valley and Tahoe City). Please plan to arrive by 8:00am. Allow extra time during snowfall periods for your travel.

We hope everyone will fill out their paperwork and send back to the office prior to the start of the course. This really saves time at the start of the tour.

EQUIPMENT RENTAL

For an expedient start of your course, equipment rentals need to be pre-reserved and prepaid from our rental program through **The Back Country** Truckee store.
(530) 582-0909

EQUIPMENT LIST

SKI GEAR

Randonnée or Contemporary Telemark Skis - wide, shaped skies recommended,
approx 94-100 mm at shovel, 70-75 mm waist or wider
Randonnée Boots or heavy-duty, buckle Telemark boots (Black Diamond T2, or stiffer)
Ski Brakes recommended over safety straps
Poles - alpine type, adjustable probe poles optional
Climbing Skins - full width to waist of skis or shaped skins

High quality rentals available, reservations required

The Back Country, Truckee (530) 582-0909

CLOTHING AND OTHER ACCESSORIES

Outer Parka or Ski Jacket -with hood, Gortex® or other waterproof/breathable
Fleece, Fiberpile Jacket, or Wool Sweater
Turtleneck or Shirt- capilene, polypropylene, or similar
Long Underwear-top and bottom, capilene, polypropylene, or similar
Synthetic Mountain Pants or Stretch fleece
Overpants-Gortex® or other waterproof/breathable
Boot Socks-2 pr., wool or wool/nylon blend
Liner Socks-2 pr., polypropylene or similar
Fleece or Wool Cap
Sun Hat
Gaiters or in-the-pants gaiters
Sunglasses with Retainer
Goggles (optional-check weather forecast)

Sunscreen-SPF 30 or greater
Lip Balm-SPF 15 or greater
Pack-3000 cu. in. with accessory straps to carry skis, poles
1-Liter Waterbottle-wide-mouth best, hydration system optional
Thermos (optional)

SNOW SAFETY GEAR

Avalanche Transceiver (457kHz)
Avalanche probe or ski pole probes
Avalanche shovel

*Bring these items if you own them, otherwise they will be provided at no cost

SNOW STUDY GEAR

New AIARE "Rite in the Rain" Field book (required - available from ASI - \$20)
5x-10x magnifying loupe (Available from The Back Country)
1 dial stem or digital thermometer (Available from The Back Country)

FOOD

Bring a lunch, including some high energy snackable-type.

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