



**BACKCOUNTRY RIDING
EQUIPMENT LIST**

RIDING GEAR

Snowboard
Splitboard and climbing skins strongly recommended

*High quality Rentals available at **The Back Country** (reservation required – 530-582-0909)*

Pack

Riding pack (25-35 liter) with a strap system to carry snowboard (Black Diamond packs with built-in Avalung optional, but recommended)

Rentals available, reservations required from ASI

CLOTHING

Next to skin layers:

Short sleeve T-shirt – light merino wool or capilene
Long sleeve light merino wool or capilene zip t-neck
Merino wool or capilene briefs
Merino wool or capilene light long johns for very cold conditions
Ski socks – wool/nylon blend or similar

Outer layers:

Riding jacket and pants
Puff jacket (nylon with synthetic insulation)
Light wool or fleece hat
Fleece neck gaiter for storm conditions
Sun hat – with visor
Gloves – medium weight, warm ski gloves and/or light gloves for spring conditions
Bandana

This is a recommended optimum layering system. Certain items may be substituted but combination of layers should equal the recommended list for warmth, moisture wicking, wind and precipitation resistance, weight and packability.

MISCELLANEOUS

1-Liter water container or hydration system
Sunglasses
Goggles with light lenses for storm conditions
Sunscreen – 30 SPF or greater (small amount in squeeze bottle)
Lip balm – 30 SPF or greater
Camera (optional)

FOOD

Bring lunch food for the day, including quick-energy snack foods such as energy bars and similar.

ASI PROVIDES

All group guiding equipment, avalanche transceivers, probes, shovels, group first-aid, emergency and repair kits.

Alpine Skills International

11400 Donner Pass Rd.

Truckee, CA 96161

www.alpineskills.com

asi@alpineskills.com

530-582-9170 office 530-582-9175 fax