



SUGAR BOWL BACKCOUNTRY EQUIPMENT LIST

SKIING GEAR

Bring your own Alpine ski boots and poles. We will adjust state-of-the-art alpine touring skis and bindings (K2 Coombacks & Marker Duke) to fit your boots. Climbing skins provided.

- or -

Bring your own Alpine Touring or Telemark skis, boots, climbing skins and poles.

SPLITBOARD GEAR

Bring your own snowboard boots and we will set you up with a splitboard, convertible binding, skins and 3-section collapsible poles.

- or -

Bring your own Splitboard, bindings, boots, climbing skins and poles.

Ski pack (25-35 liter) *(included with course)*
(BCA Float 30 Avalanche Airbag Pack provided as needed)

Ski Helmet (optional) – CAMP makes a combination ski and climbing rated helmet

CLOTHING

Next to skin layers:

Short sleeve T-shirt – light merino wool or capilene
Long sleeve light merino wool or capilene zip t-neck
Merino wool or capilene briefs
Merino wool or capilene light long johns for very cold conditions
Ski socks – wool/nylon blend or similar

Outer layers:

Soft-shell jacket *(lightly insulated)* or fleece pullover or full zip
Soft-shell mountain pants (AKA “guide pants” – synthetic stretch woven fabric)
- Patagonia, Marmot or similar or ski pants
Puff jacket (nylon with synthetic insulation) or ski jacket
Light outer shell *(waterproof/breathable jacket and pants)*
Light wool hat
Fleece neck gaiter for storm conditions
Gloves – medium weight, warm ski gloves and/or light gloves for spring conditions
Bandana

This is a recommended optimum layering system. Certain items may be substituted but combination of layers should equal the recommended list for warmth, moisture wicking, wind and precipitation resistance, weight and packability.

MISCELLANEOUS

1-Liter water container or hydration system
Sunglasses
Goggles with light lenses for storm conditions
Sunscreen – 50+ SPF (small amount in squeeze bottle)
Lip balm – 30 SPF or greater
Camera (*optional*)

FOOD

You can purchase lunch at the Judah Lodge Cafeteria. Or, bring your own lunch. Bring a few energy bars for the backcountry as well.

ASI PROVIDES

All group guiding equipment, avalanche transceiver, probe, shovel and ski pack, group first-aid, emergency and repair kits.

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